

Keep Running Your Race

Hebrews 12:1-3

This week we talked about the importance of endurance as we continue our walk with Jesus Christ. Four ways of continuing to run were addressed in Hebrews 12:1-3 that can help us grow in our faith. At times when we are discouraged and want to quit, God's Word proves helpful to show us that when we finish, it will all be worth it. It also helps to have people around us to encourage us to keep taking steps.

Please review the sermon notes below...

Keep Running by...

Following Christian examples. (1a)

Facing your sin and hinderances head-on. (1b)

Focusing on the person of Jesus Christ. (2)

Finishing with confidence. (3)

Hearing the Word of God and responding to Him is extremely important. If you haven't had the chance to listen to the message from this week, you can [watch it here](#). After watching, please use the following questions (if you find them helpful) in your BRAVE groups (now online every weekday) or discuss them with your family and/or friends. If you are not in a BRAVE Group, now is a great time to get involved. Please go to our [online Small Group platform](#) to get connected with a group that will work for you.

1. What difference does it make knowing that someone else has suffered and endured through the trial? How can the suffering and endurance of others be a help to you? Who do you look to as an example of someone who has endured for the Lord?
2. Why is it difficult when we are suffering to look inward at our sin? How does God use difficulties to teach us about some of our shortcomings?
3. What have been some of the ways the Lord has "stripped" you of hinderances in your life? How has He been working in your life to remove obstacles to Him? How have you been responding?
4. What are the areas in your life that continue to get in the way of your walk with Jesus Christ? How long have they been there? How have you handled them? What keeps you from moving forward? What must you do?
5. What area in your life makes you feel like you want to quit? Why? What emotion is tied to your frustration and lack of endurance? Which section of the fruit of the Spirit would be of help to you in this season?

6. What has been the focus of your life? How specifically can you do a better job of keeping your eyes fixed upon Jesus Christ? Where are your eyes tempted to focus when not on Jesus? What difference would focusing on Jesus do for you?
7. Read Philippians 1:6. What encouragement do you receive from Jesus being both the author and finisher of our faith? How did Jesus endure all the way to the end? How sure are you that He will help you finish?
8. What did Jesus endure during the last hours of His life? How well did He endure? What grace did He exhibit? (1 Peter 2:21-25) What lessons can you learn from Him? How can Christ help you endure?