

10 myths (or lies) singles believe about marriage:

1. If you meet the right one everything will be fine.
2. If we love each other it doesn't matter that he/she isn't a believer.
3. I'll change him/her after we get married.
4. Living together will help us figure things out.
5. Sex before marriage will help us see if we are a match.
6. I'm already engaged in sex so it's too late to turn things around.
7. There are no good Christian men/women out there.
8. You will find him/her when you least expect it.
9. Marriage will cure my loneliness.
10. I'll just follow my heart.

***Questions for Reflection/Discussion:***

Have you heard any of these statements from singles you know? If so, which one(s)?

How can believing any one of these myths undermine their marriage?

What Scriptures might you use to counter these myths in counseling a single?

How could these myths if understood and recognized as myths by a married man or woman serve to strengthen their marriage?